

# Henry Elementary School

January 2023



## Contact Information

Email: [Henry@tusd1.org](mailto:Henry@tusd1.org)

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## Upcoming Events

- 01/16/2023 Martin Luther King Day, NO SCHOOL
- 01/26/2023 Professional Learning Day for Staff, NO SCHOOL
- 02/09/2023 - 02/10/2023 Parent/Teacher Conferences
- 02/23/2023 - 02/24/2023 Rodeo Break, NO SCHOOL

Every Child,  
Every Opportunity,  
Every Day  
What Ever it Takes

## Principals Corner

Dear Henry Family,

Happy New Year and welcome back to the second semester of this school year. Students are very happy to be back in the daily routine of school, interacting with their peers, engaging in lessons with our teachers, and settling in nicely this week. Our January Character Strong trait this month is

Honesty. What does the word Honesty mean to you? When we are truthful with our words, actions, and thoughts we are living the trait, Honesty! Be sure to ask student this month what they are learning about honesty.

Is your student getting enough sleep? There is research from the American Academy of Pediatrics. "Regularly sleeping fewer than the number of recommended hours is associated with attention, behavior, and learning problems," according to the statement. "Insufficient sleep also increases the risk of accidents, injuries, hypertension, obesity, diabetes, and depression." Likewise, too much sleep has been linked to obesity, diabetes and mental health problems, the group said. Finding the right balance of sleep is essential.

Following are the recommended minimum and maximum hours each age group should regularly sleep during a 24-hour period for optimal health:

Ages 3-5 years: 10-13 hours (including naps)

Age 6-12 years: 9-12 hours

Anna Henry Elementary is participating in our Tucson School Choice Carnival at the Trail Dust Town on Tanque Verde Road. Please encourage any friends, family, or neighbors to come out and see our booth at this free event. We will be promoting our school and providing prospective students and families with information about Anna Henry, as they plan for the 23-24 school year. This event is happening on Wednesday, January 25, from 4:30-6:30 p.m. Kindergarten Round-up is coming to Anna Henry on Tuesday, February 21, at 4:00 p.m. This informational event is for all incoming Kindergarten students and their families. There is No School on Thursday, January 26, for students. Tucson Unified School District is having a professional learning day for all staff members to attend.

Families, have you registered your student in ParentVue for the 23/24 school year? You are now able to access the registration process by logging into your account. Please contact our front office team if you need any assistance with this process. This information helps us plan for the right amount of needed staffing to support all students. Please remember free breakfast is served at 7:15 a.m. daily for all students that wish to eat. Your attention to this important timely routine helps all students get into the classroom on time for learning and minimizing the disruption when tardy students arrive late.

Respectfully,

Thomas Heminger, principal

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Thank you to all our Henry Families for their generous donations over the holiday season!

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### **Afterschool Pickup**

Just a reminder that when you are leaving the intermediate (south) parking lot, it is a right turn only.

## **PARENTVUE ACCOUNTS**

Your Parentvue account is your link to your students' classes, attendance, grades, and online registration. To learn how to set up and navigate your ParentVue account, go the to the home page of the Henry website and look for the link under parent information. If you have any questions, please call the office at 731-4700.

## **MORNING DROP OFF**

The cafeteria serves breakfast each morning. If you would like your child to have breakfast, please drop them off at 7:15 for them to have time to eat and get to class on time.



**Ruth Doran**

Ruth is using Smore to create beautiful newsletters